



Shastra

October -December 2025



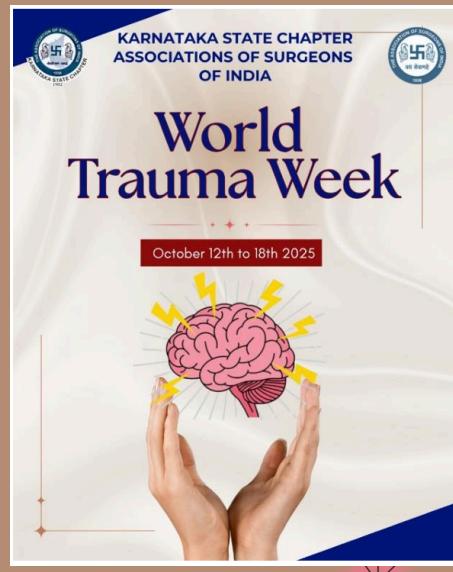
Issue 4/2025

HIGHLIGHTS

KSCASI IN ASICON 2025



TRAUMA WEEK



COL PANDALAI ORATION



CONTENTS

- **Karnataka in asicon- 10 to 17**
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FROM CHAIRMAN'S DESK
DR RAJGOPAL SHENOY K



Dear Surgeon Friends of KSC-ASI,

I am happy to pen a few thoughts as the Chairman of KSC-ASI for the e-**Shastra 4 issue of 2025**. I sincerely appreciate the hard work and untiring efforts of our Editor, Dr. Savitha Karlwad, and congratulate her on behalf of our association for bringing out this excellent issue.

This will be the last issue of e-Shastra during my tenure as Chairman of KSC-ASI (2025–2026).

I am immensely happy and grateful for the wholehearted support extended by all of you—especially our surgeon friends from the city branches—in all our activities, including academics, social service initiatives, blood donation camps, BLS and ALS programs, trauma activities, free surgery camps, membership growth, and increased enrollment in the ASI-SSS scheme. I sincerely thank each one of you and request your continued support for every Chairman who will serve KSC in the future with their contribution of ***Time, Talent, and Treasure – Tanu, Mana, Dhana***.

The major activity of KSC-ASI this year, showcased in this issue, is the **Trauma Activities Week**, conducted pan-Karnataka by 12 city branches from October 12th to 18th. My special words of appreciation go to the Udupi City Branch, which successfully conducted 10 activities during this week. I extend my thanks to the President, Dr. Capt. L. Ramchandra L, SM, and his dedicated team, including Dr. Pavan Bhat, Treasurer.





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FROM CHAIRMAN'S DESK
DR RAJGOPAL SHENOY K



The KSC-ASI **flagship Free Surgery Camp** was conducted at Dandeli under the able leadership of the service-minded and generous surgeon **Dr. Mohan Patil at Patil Nursing Home**. We were delighted that the ASI President, Dr. Pravin Suryavamshi, inaugurated the camp. The occasion also coincided with Kannada Rajyotsava, which was celebrated there, making it a memorable family picnic day as well. KSC-ASI proudly recognizes Dr. Mohan Patil's valuable contribution to this noble cause.

The icing on the cake was ASICON 2025 at Kolkata, where the **Karnataka State Chapter (KSC) received the Best Chapter Award** consecutively for the third time, along with several other awards and honours. I also congratulate the **Hubli-Dharwad Chapter for winning the Best City Branch Award** under the able leadership of Dr. Shilpa Huchannavar and her team.

By the time this issue of e-Shastra is released, we will be in Raichur, thus completing my fruitful one-year tenure as Chairman of KSC-ASI. I express my wholehearted gratitude to all KSC-ASI surgeon colleagues for giving me this unique opportunity to grow with the organization and for the lifelong learning experience of serving humanity and the needy.

If anyone has been inadvertently missed or hurt by an omission in acknowledging their contributions, I sincerely apologize on behalf of myself and the entire Executive Committee.

Long Live ASI-KSC.





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FROM HON.SECRETARY'S DESK
DR SARVESH RAJE URS



KSC-ASI KARNATAKA STATE BRANCH EXTENDS WARM GREETINGS

Respected members and friends,

I am delighted to share the activities and achievements of KSC-ASI at both the State and National levels during this quarter of the year. As part of **World Trauma Day**, KSC ASI and its City Branches conducted Trauma Week and Trauma Day in October. Our Chairman had envisioned, right at the beginning of the year, the importance of creating awareness among healthcare professionals and, more importantly, the general public, with the aim of saving lives across all age groups. In line with this vision, KSC ASI and its City Branches successfully conducted public awareness programs in a simple and understandable manner.

KSC ASI also conducted a **Free Rural Surgery Camp** at Dandeli, graciously hosted by Dr. Mohan Patil, Patil Hospital. The camp was a great success, with active participation from both National and State office bearers.

Kannada Rajyotsava was celebrated at Dandeli along with a joyful Family Meet, fostering unity and cultural pride among our members. At ASICON Karnataka, our chapter achieved remarkable success by bagging the **Best State Chapter Award and Best City Chapter Award**, along with several other honors. We congratulate all members for this collective achievement. Our senior leaders contributed significantly through Orations and Symposia at the conference.

We also extend our heartfelt congratulations to Dr. Savitha for presenting this vibrant and colorful issue, beautifully showcasing the activities and talents of KSC ASI.
Long live ASI.





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FROM EDITOR'S DESK
DR SAVITHA KARLWAD



Respected KSCASI Members,

It gives me immense pleasure to present before you the **4th edition of Shastra – 2025**.

I am extremely excited to bring forth this edition, as it reflects leadership and excellence beyond compare, showcased by our KSCASI stalwarts on the national platform at **ASICON 2025**.

This edition also features a very important section on **Trauma Awareness Programmes** conducted across Karnataka during the month of October. It was a month filled with vibrant activities across various city branches, spreading awareness about trauma under the able leadership of our beloved **Chairman, Dr. Rajgopal Shenoy**.

We have also highlighted our state flagship programme, the **Free Surgical Health Camp** held at **Dr. Mohan Patil Hospital**, Dandeli, which was a grand success.

Another significant inclusion in this edition is the **Col. Pandalai Oration**, delivered by our **Emeritus Professor Dr. C. S. Rajan**—a must-read for all young surgeons.

I extend my heartfelt congratulations to all KSCASI members for being part of the **Best State Chapter Award**, achieved under the leadership of **Chairman Dr. Rajgopal Shenoy and Hon. Secretary Dr. Sarvesh Raje Urs**. I would also like to specially congratulate the Hubballi–Dharwad team for winning the **Best City Branch Award**, with special mention to **Dr. Shilpa Huchannavar**.

City branch activities are the pillars of our state chapter. I urge everyone to continue contributing actively for the overall upliftment of the fraternity and the state.

Long Live ASI.





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KSCASI OFFICE BEARERS 2025



DR. RAJGOPAL SHENOY K
CHAIRMAN KSCASI



DR. SARVESHA RAJE URS
.A.S
HON. SECRETARY KSCASI



DR. GURUBASAVANA
GOUDA Y
HON. TREASURER KSCASI



DR. NAAZ JAHAN SHAIKH
CHAIRMAN ELECT KSCASI



DR. NARAYANACHANDRA I
HEBSUR
IMM. PAST CHAIRMAN
KSCASI



DR. CHANDRASHEKAR N
IMM. PAST HON.
SECRETARY

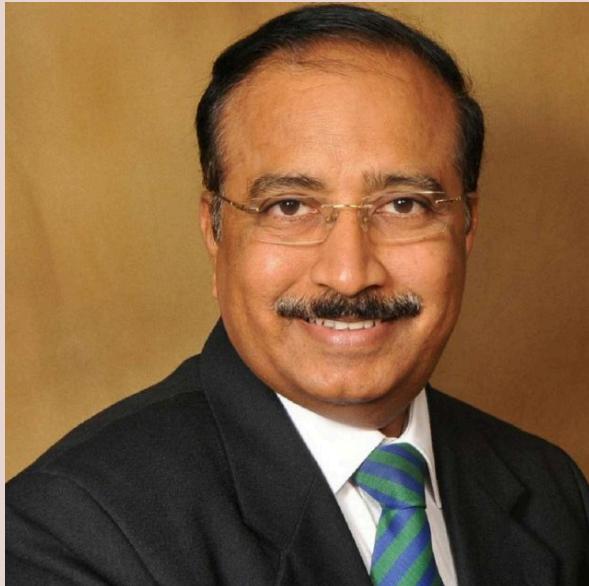


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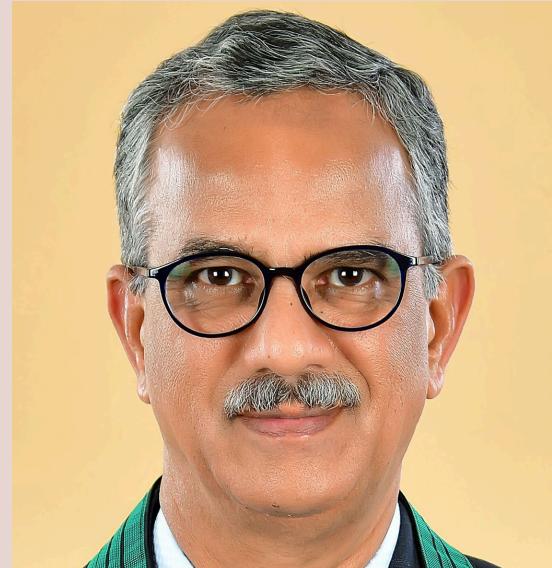
April - June 2025



NATIONAL EXECUTIVE COMMITTEE MEMBERS 2025



DR. G. SIDDESH
PAST PRESIDENT ASI &
DIRECTOR OF SOCIAL WELFARE ASI



DR. H V SHIVARAM



DR. GURUSHANTAPPA
YALAGACHIN



DR. ISHWAR HOSMANI



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STATE EXECUTIVE COMMITTEE MEMBERS 2025



DR. SRINIVAS PAI.



DR. ANANDARAVI B N.



DR. V ANAND KUMAR



**DR. SHILPA
HUCHANNANAVAR**



DR. PREETHI S P8



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STATE EXECUTIVE COMMITTEE MEMBERS 2025



**DR. SUNIL SUBHASH
JOSHI**



DR. SAVITHA KARLWAD



DR. HARSHA G V



DR. SANGAMESH



DR. NAGARAJ BHALKI



**DR. K L VENKATESH
CHIEF EDITOR KJS**



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KARNATAKA IN ASICON 2025

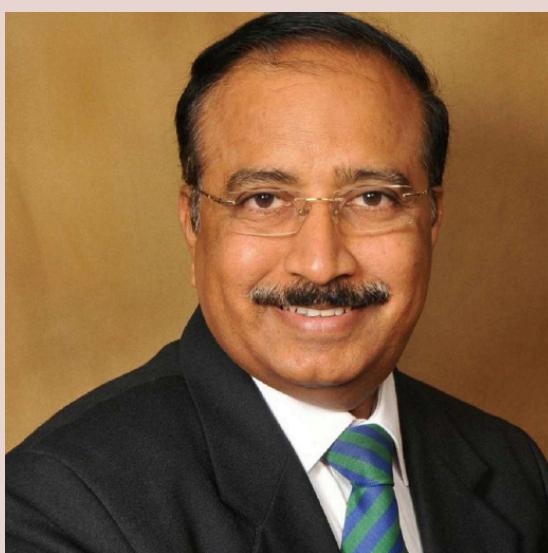
LEADERSHIP



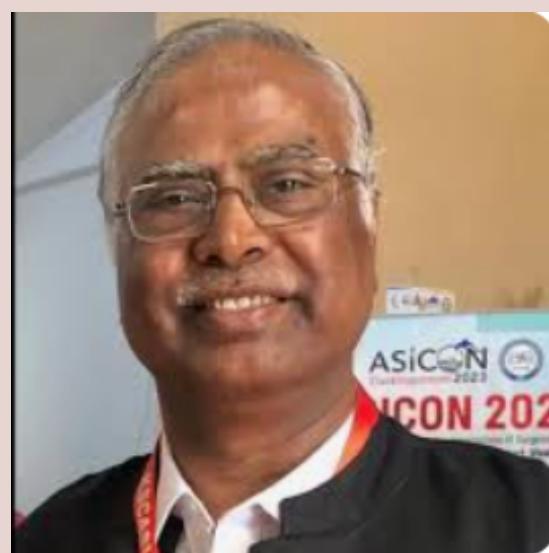
DR. GADDI DIWAKAR
HONORARY SECRETARY
- 2026



DR. K RAJGOPAL SHENOY
DIRECTOR, ACADEMIC COUNCIL
- 2026



DR. SIDDESH G
DIRECTOR – SOCIAL WELFARE
COUNCIL 2026



DR. SADDASHIVAYYA SOPPIMATH
TREASURER- SOCIAL SECURITY
SCHEME - 2026



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KARNATAKA IN ASICON 2025

ACCOLADES AND CELEBRATIONS

BEST STATE CHAPTER AWARD 2025

Under able leadership of
Chairman Dr RajGopal Shenoy K
Hon. Secretary Dr Sarvesh Raje Urs



BEST CITY BRANCH AWARD 2025 TO HUBBALLI DHARWAD BRANCH

Under able leadership of
President Dr Shilpa Huchannavar
Hon. Secretary Dr Sandya N





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KARNATAKA IN ASICON 2025



AWARDS AND APPRECIATIONS

ASI JEWEL AWARD- 2025

Chairman Dr. Rajgopal Shenoy K has been conferred the ASI Jewel Award in recognition of his outstanding contributions to ASI activities, his extensive social service initiatives, and his exemplary role as a distinguished teacher, mentor, and academician.



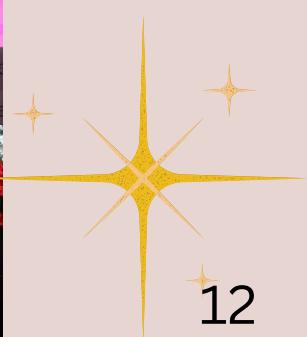
AWARD OF HONOUR

Dr. H. V. Shivaram, EC member from our state, received the National Award at ASICON, Kolkata, for his exemplary service to ASI as the National Lead for the Surgeons' Day celebrations.



BETADINE YOUNG SURGEONS AWARD- 2025

Dr. Sangamesh received the Betadine Young Surgeons award for his achievements





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KARNATAKA IN ASICON 2025



PRESTIGIOUS ORATIONS



**COL PANDALAI ORATION
"SURGEON 360"
DR C S RAJAN**



**JAIPAL SINGH MEMORIAL
ORATION
DR K LAKSHMAN**





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KARNATAKA IN ASICON 2025

BOOK RELEASES



MANIPAL MANUAL OF SURGERY
AUTHOR: DR RAJGOPAL SHENOY

KARNATAKA JOURNAL OF SURGERY
EDITOR: DR VENKATESH



SHAstra
EDITOR: DR SAVITHA KARLWAD





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KARNATAKA IN ASICON 2025 PHOTO GALLERY





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KARNATAKA IN ASICON 2025 PHOTO GALLERY





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KARNATAKA IN ASICON 2025 PHOTO GALLERY





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KARNATAKA IN ASICON 2025 PHOTO GALLERY





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KSCASI academic activities

KSC ASI SHEKAR QUIZ 2025 IN ASSOCIATION WITH SSB BANGALORE CITY BRANCH.

KSCASI SQ 2025 was conducted on 12th November, 2025. Over 75 Teams, as pairs, participated. Dr K Rajgopal Shenoy, Dr Gurshantappa Yalagachin, Dr C S Rajan, Dr Niranjan P, Dr Himagirish Rao, & Dr Nishanth Lakshmikantha, were the QUIZ MASTERS TEAM for the KSCASI SQ 2025. 30 MCQs on the Pancreas for Google Form answers was done for Prelim Rounds. KSCASI SQ 2025 was a SURGIKET IN 'P'...! All Qs in Surgery centred around the letters 'P'

Format

6 teams = Super Sixes Finals of 6 rounds of Oral Quiz

Best 4 Team move into Semi Final

Semi Finals of 3 rounds of IPL FORMAT T2 Matches of Rapid Fire Qs

Winner OF Final of top 2 Teams decided by a 'T-3' Match - PICTURES only

First place – MMCRI, Mysuru, Dr Rutwik & Dr Shreya M





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KSCASI social activities

FREE RURAL SURGERY CAMP AT A REMOTE PLACE DANDELI

KSC ASI in association with Patil hospital ,Dandeli conducted it's second flagship program. Free Rural Surgery camp at a remote place Dandeli along with KSC ASI Family meet on 31.10.25, 01.11.25 & 02.11.25. Total fourteen surgeries were done.

Camp was Inaugurated by Dr. Praveen Suryavanshi, President ASI, Mr. Rajendra Jain CEO was the guest of honour, Dr.G.Siddesh, Director Social council and Past President ASI, Dr.Divakar Gaddi, Hon. Secretary,ASI were present .

Kannada Rajyotsava was celebrated.

President ASI Dr.Praveen suryavanshi released KSCASI news letter Shastra on this occasion.





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KSCASI social activities

APPRECIATION WORDS

Dear Dr. Rajgopal Ji,

It was a sincere pleasure meeting you during the outstanding Free Surgery Camp in Dandeli, an initiative brilliantly organized by Dr. Mohan Patil Ji. I was told this was 3rd Free Camp.

The scale and success of this endeavor were truly remarkable:

** 35+ Dedicated Doctors contributed their expertise.*

** The support from the National President of ASI, Dr. Praveen Ji, and the Karnataka Chapter team was instrumental.*

This camp is a profound example of how doctors are giving back to society, and I was genuinely amazed by the various social initiatives highlighted in your magazine E Shastra. Please accept my deepest congratulations to every doctor who contributed their skill and time for the poor people of Dandeli. At West Coast Paper Mills Ltd, we are deeply involved in various CSR programs. The dedication demonstrated by Dr Mohan Patil Ji, Dr Praveen Ji and your team has further motivated us to collaborate on providing free medical aid for the poor.

We are enthusiastic about working together to realize our shared goal: We CARE Society.

Finally, I want to express my sincere thanks to Dr. Mohan Patil Ji for inviting me to this noble initiative. He is wonderful soul who always look for opportunity for giving back to Society. It was a privilege to witness such selfless service and to take motivation from all of you.

God bless you and the entire Doctors' team for this invaluable service. 🙏 Best Regards,

Rajendra Jain

Executive Director

West Coast Paper Mills Ltd, Dandeli





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KSCASI CHAIRMAN ACTIVITIES

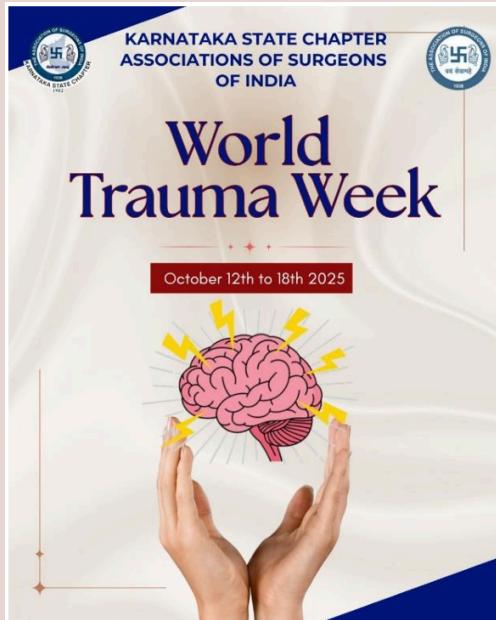
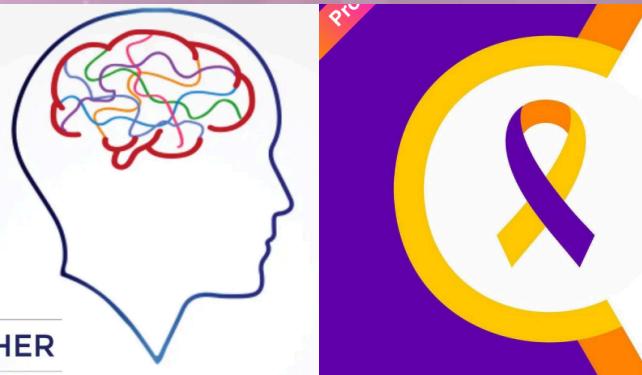
As a tribute to the society , Our chairman Dr Rajgopal Shenoy in continuation of his social activities honoured Sri Ravindra L Laxmeshwar during the Free health camp in Dandeli for his service to the poor - tribal community girls





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TRAUMA
AWARENESS DAY
AND TRAUMA
AWARENESS WEEK
ORGANISED BY
KSCASI FROM
OCTOBER 13TH TO
18TH



Preamble: Keeping in mind our ASI president Dr Pravin Suryavanshi call for recognition of trauma, highway accidents, awareness to the public and for citizens, KSC -ASI decided to do trauma activities from beginning of the this year 2025. Dr Manjunath Shenoy, active ASI member, while working as secretary of the KSC-ASI succumbed to injuries caused by Road Traffic Accident. Chairman Dr K. Rajgopal Shenoy from day 1 of assuming office as chairman emphasised the importance of trauma awareness and activities and its importance. In KSC-ASI midcon, conducted at Kanachur Institute of Medical Sciences at Mangalore, first time KSC introduced separate category in the poster and paper category as Trauma sessions and has given prizes in the name of Late Dr Manjunath Memorial prizes. The entire team of EC and state surgeons from various city branches agreed to conduct activities related to RTA on a priority basis this year. KSC-ASI in this has conducted various activities including ALS and BLS, during surgeon's week celebrations also. This year we decided to conduct TRAUMA AWARENESS WEEK FROM OCTOBER 13TH TO 18TH. Here is a brief report on trauma activities conducted by KSC-ASI. This is a unique most appropriate activities conducted by Karnataka State participated by 10 city branches and conducted 22 activities total. Udupi city branch has done 8 activities.



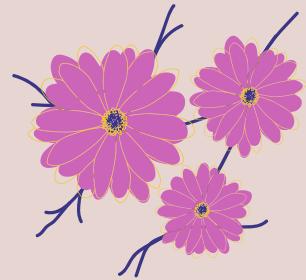
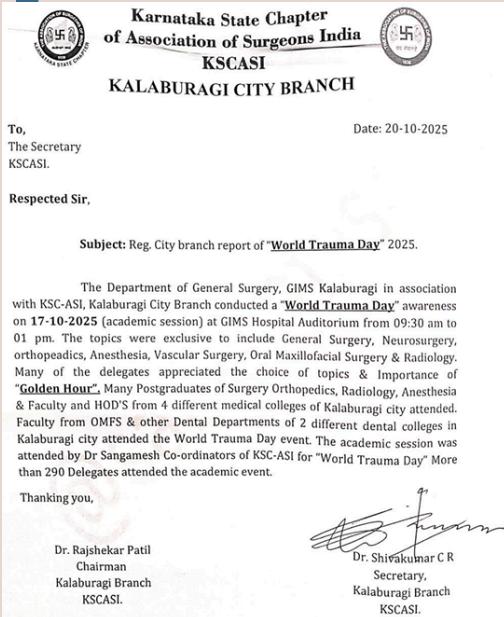
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CITY BRANCH ACTIVITIES

GULBARGA CITY BRANCH : PUBLIC IMAGE : KSC-ASI TRAUMA NEWS IN PAPERS



SHIVAMOGGA CITY BRANCH

Conducted a CME on

Topic: **Management of Blunt**

abdominal Trauma Speaker : Dr

Prasana Basavraj, Consultant Surgical
Gastroenterologist Maxx Hospital,
Shivamogga.

Topic-Limb injury management

general principles Speaker- Dr

Praveenkumar H P, Consultant Plastic
Surgeon, Swastik Hospital,
Shivamogga





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CITY BRANCH ACTIVITIES



MYSORE CITY BRANCH

SURGICAL SOCIETY OF MYSORE AND ASSOCIATION OF SURGEONS OF INDIA MYSORE CITY BRANCH		
OFFICE : Dept. of Surgery, MMCR, K.R. Hospital, Inain Road, Mysore.		
President	Dr. H.N. Dinesh	Professor HOD of Surgery MMCR, Mysore Mob: 9481450292
Vice President	Dr. K.R. Chandrabekar	Senior Specialist, T.C.H. Hospital
Joint Secretary	Dr. Sudarshana M.V.	Associate Professor of Surgery MMCR, Mysore Mob: 9480262029
For Past President	Dr. C.P. Mallu	
Executive Members	Dr. A. Venkateswaran, B.N. Dr. Girish, T.V. Dr. Harish Dr. Lakshmi S. Dr. Manjunath, G. Dr. Nitin, K.B. Dr. Ravinder, G.V. Dr. Raghuveer Dr. Shashank Dr. Shashank Krishnamoorthy Dr. Varshini	Dr. Sarvesha Raja Urs, A.S. Associate Professor of Surgery MMCR, Mysore Mob: 9480262029
Venue	"Invitation for CME" KSC ASI Surgical Society of Mysore, Mysore City Branch in Association with Manipal Hospital, Mysore, Cordially Invites you to "World Trauma Day" CME Program on 17-10-2025 (Friday)	
Date	17th Oct 2025 (Friday)	
Time	7:00 PM onwards	
CME Followed by Fellowship and Dinner		
Dr. H.N. Dinesh	Dr. Sarvesha Raja Urs, A.S. President-SSM-ASI Secretary-SSM-ASI	
RSVP:	Shubaresha N 9480263494	



HUBBALLI DHARWAD CITY BRANCH

Trauma awarness talks and skit were conducted . Attended by: 400 students of SJMVS Arts and Commerce College, Hubballi. The theme was **"Ride Today, Live Tomorrow, Wear Helmet."** The students between age group of 19 to 24 years were well informed and made aware about trauma-related head injuries, their severity and preventive measures. Dr. M. Satish, HOD, Department of Neurosurgery, KMCRI, spoke in length about the same. This was followed by a very informative skit on "Trauma" (the same theme) performed by MBBS students of KMCRI, which was well appreciated and hugely applauded by the students. Then there was a very important talk on Road Safety given by Smt. Padma, Inspector, Traffic Police, which was very crucial and informative.





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CITY BRANCH ACTIVITIES



VIJAYANAGARA BRANCH HOSAPETE WORLD TRAUMA DAY CELEBRATION

The theme for World Trauma day, this year was "*Building a Safer Future with Trauma care*". With this theme in mind, the young kids who are the future citizens were targeted. Various activities, which included Essay, Speech and Placard competition were conducted, for students of all classes from kindergarten to high school. The topic for essay was "SAFETY ON ROADS, MY SAFETY IS YOUR SAFETY" and for speech competition was "Accidents, prevention and participation". It was exciting to see young minds, speaking on prevention of accidents and road safety rules. They had made a variety of attractive placards with trauma day theme. Three prizes were given to each category for encouragement. With this branch made an effort at spreading awareness among the future generations, thereby celebrating World Trauma Day.



MANDYA CITY BRANCH

16.10.25 KSCASI Mandya city branch conducted Trauma week at IMA bhavanath 6.30pm "Building a safe future with trauma".

Speaker:

1. Dr. Maqsood Ahmed, Neurosurgeon, Manipal hospital, Mysore Spoke on Traumatic brain injury,
2. Dr. Vishwanath reddy, Surgical Gastroenterologist spoke on Traumatic abdominal injuries.





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CITY BRANCH ACTIVITIES



BANGALORE CITY BRANCH

As part of the Trauma Care Week celebrations organized by the Karnataka State Chapter of ASI (KSCASI), a Public Awareness Program on Trauma Care was conducted on 23-10-2025 at the Trauma and Emergency Care Centre (TECC), Victoria Hospital, Bengaluru. The event aimed to educate the general public and students on the importance of early response and first aid measures in trauma situations.

The program witnessed active participation from healthcare professionals, students, and volunteers of the Youth Red Cross. The sessions included brief talks, demonstrations on first response, and interactive discussions to spread awareness on road safety, bleeding control, and timely trauma care. The TECC, being the Level-1 Trauma Care Centre in the Karnataka Government Hospital network, played a pivotal role in hosting the event, emphasizing its commitment to community awareness and trauma preparedness.



VIJAYAPUR CITY BRANCH



DR.ASHOK R.JADHAV
PRESIDENT
SECRETARY
9448163121
7019351119

30/10/2025

Report on "World Trauma Day"

KSC-ASI Vijayapura branch in Association with Department of General Surgery, BLDE (DU) Shri B M Patil MCH & RC, Vijayapura. On the Occasion of "World Trauma Day" is observed annually on October 17 to raise awareness about the importance of trauma care and to reduce mortality and morbidity caused by accidents. On this occasion, the in collaboration with the organized a Hands-on Demonstration of ATLS Protocols and CPR by the Civil and Traffic Police of Vijayapura.

DR.S.S.PATIL
VICE PRESIDENT
9739456610

TREASURER

9844775210

DR.VIKRAM SINDAGIKAR

ADVISORS
DR.TEJASWINI
VYAS
DR.ARAVIND.V.PATIL
DR.RAVI CHOURHARI
DR.S.B.PATIL
DR.PRASHANT KATAKOL
E.C.MEMBERS
DR.SAJID MUDHOL
DR.ANAND ZALAKI
DR.SIDDU SONNAD
DR.PRASAD SASNUR
DR.DILIP KANT
DR.JILANT AWATI
DR.DAYANAND BIRADAR
DR.U.S.NAGUR

EX-OFFICIO MEMBERS
DR.DEEPAK CHAVAN

Programme Highlights:
The event began with a welcome address by Sri Ramanagouda Hatti, Additional Superintendent of Police, Vijayapura. Dr. M. S. Kotekar, Professor & HOD of Surgery, highlighted the significance of World Trauma Day and the crucial role of first responders in saving lives. Dr. Dayanand Biradar, Associate Professor and Program Coordinator, demonstrated ATLS protocols and CPR using mannequins, followed by hands-on practical interactive sessions for participants. The programme was anchored by Shri S. K. Gotyal, HC, and concluded with a vote of thanks by Dr. Ramakant Balorkar, Secretary, Vijayapura branch of KSC-ASI.

Faculty Involved:
Dr. Girish Kalbati, Dr. Vikram Sindagikar, Dr. Vijay Katti, and Dr. Santosh Karjagi assisted in the training
Participants & Guests:
Around 150 Civil and Traffic Police personnel participated. The event was graced by DYSR Sri Basavaraj Yaligar and Dr. Udaykumar Nuchchi, Professor & HOD, Forensic Medicine Outcome:
The interactive training enhanced participants' knowledge and confidence in trauma emergencies, thereby strengthening prehospital care and public safety in Vijayapura.

Dr. Ramakant Balorkar
President
Dr. Ashok R JadHAV
Secretary





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CITY BRANCH ACTIVITIES

UDAPI CITY BRANCH

Udupi City Branch of KSC-ASI did **8 activities** from October 13th to October 18th, in the entire week

A. 13th October RTA and our responsibility:

Awareness talk in Manipal, PU college. More than 100 students attended.



C. 15th Pre- hospital trauma care. Our responsibilities. Using C collar, CPR, etc. at Udupi. MGM College attended by 200 students. Udupi city branch president Captain Dr. L. Ramchandra also spoke on preventive aspects of RTA
Acknowledgement: Management and Principal MGM College Udupi

D. 16th ...Daiji world TV talk ..RTA and responsibilities of drivers, students and our road safety . This video program was telecast in Daiji world . Resource persons Chairman Dr Kallya Rajgopal Shenoy and his brother Dr. Kallya Rajgopal Shenoy



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CITY BRANCH ACTIVITIES

UDAPI CITY BRANCH

E. 17th 2 pm. **World Trauma Day -RTA safety and awareness programs** . Resource persons are Chairman Dr Rajgopal Shenoy, orthopaedic consultant Dr Suresh Shenoy and Dr Y.S Rao senior consultant surgeon, Udupi

F. 18th October world trauma week :: **Poetry:**
Trauma Liter ASI 2025 started off with a Poetry Competition on the theme of "Road Safety and the Perils of Violation". The winning poem was written in Hindi by *Mr. Anupam Raj*, 3rd year MBBS student titled "The Last Ride" or "Aakhri Savari"

G : SLOGAN COMPETITION Day 6 : Slogan competition 18TH OCTOBER 2025 Venue: Sri Madhwa Vadiraj Institute of Technology and Management -SMVITM -BANTAKAL- UDUPI KARNATAKA 574115. Winners were given total of 5000 Rs as cash prizes- sponsored by chairman Dr. K. Rajgopal Shenoy.

English Slogan Writing: Single Punch Line

1. Sudarshan Pai, MBA

Avoiding traffic signals is like accepting death signals!!

2. Vibha Manjunath, AI & ML ***Slow down to Stay around***

ENGLISH SLOGAN WRITING : Quatrain

1. Tanisha Sudhakar Moollya, CSE

***Behind every speed lies a risk unseen,
One sharp flash can wipe the scene.
Slow is smart, calm is cool,
On every road, make safety the rule.***

2. Sannidhi Shetty, E&C

***"One careless move, one loud cry,
One small mistake, and lives may die.
Hold the wheel with love and grace,
Let safety be your winning race."***



Kannada Slogan Writing

1. Asniya, AI & DS

***ಹೆಲಣಿಟ್ಟು ಹಾಕು ,ಅಪ್ಪಣಿನ ಕಣ್ಣೀರು ತಪ್ಪಿಸು!
ನಿನನ ಪಾಣ ಸುರಕ್ಷಿತವಾಗಲಿ, ಮೈಗೆ ನಗುತ ಬಾ!***

2. Ananya Mohan Chandan, B.Sc Nursing

***ಗಮ್ಮಿಸಿ ಸಂಚಾರಿ ನಿಯಮ್ಮ ಬೆಳಕು ಉಳಿಸಿ
ಸಾರ್ವಜನಿಕರ ಬದುಕು***





Shastra

October -December 2025



KSCASI academic activities

KSC ASI WEBINARS



KSC INSIGHTFUL PG CLINICS was held on 24th

October 2025 on Virtual platform zoom.

Examiners:

Dr Prabhakar G N

Dr L N Mohan

Dr Chandrashekhar N

Moderator:

Prof. Vidhyadhar Kinhal, Past Chairman KSCASI

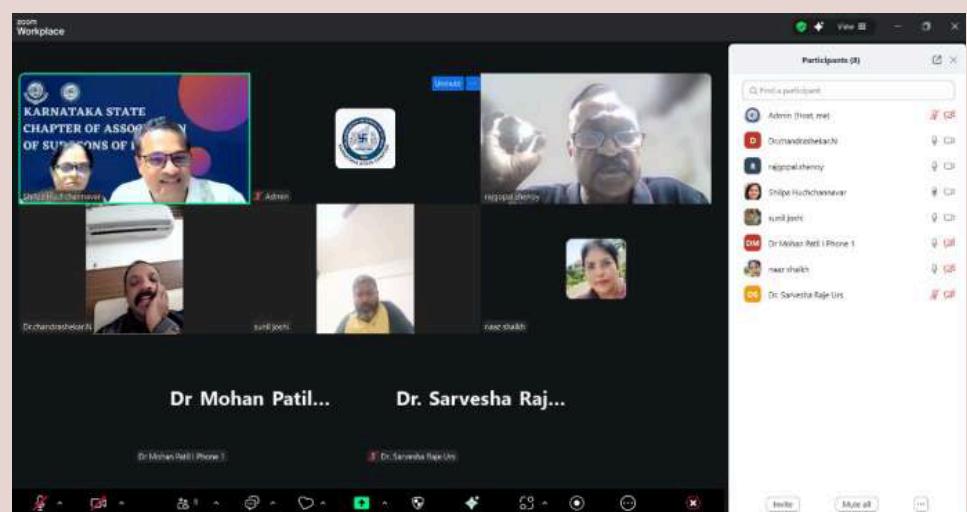
Presenters (PGs from SNMC & Sapthagiri MC)

- Dr. Nikhilesh**

Topic : Mass per abdomen

- Dr Sajitha Talluri**

Topic : Thyroid swelling





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October -December 2025



BANGALORE CITY BRANCH

MONTHLY CLINICAL MEETING

On Oct 14 KSCASI SSB Bangalore city branch conducted a wonderful MCM hosted by KIMS hospital under the able leadership of Dr. Narayanaswamy Prof and HOD along with able team of department of general surgery KIMS.

The postgraduates presented interesting papers and posters on novel topics and captured the audience. The confident students guarded their presentation with marvellous answering grooming to be future surgeons.



GOLDEN JUBILEE RURAL SURGEONS FELLOWSHIP

AWARD 2025

KSC ASI SSB Bangalore city branch: GOLDEN JUBILEE RURAL SURGEONS FELLOWSHIP AWARD 2025

The Rural Surgeons award was done during the Annual Orations on Saturday 15th November 2025 @ the GBR Hall – Capitol Hotel, BANGALORE. Chief Guest was Padmashri Prof Dr C R Chandrashekhar founder & Director – Samadhana Counselling Centre – Bangalore.

RURAL SURGEONS FELLOWSHIP WAS AWARDED TO DR ARAVIND R & DR MAHADEVA (A cheque for 10k and a Certificate were given)





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October -December 2025



BANGALORE CITY BRANCH

BASIC SURGICAL SKILLS COURSE

BASIC SURGICAL SKILLS COURSE FOR SURGICAL POSTGRADUATE STUDENTS was held on 9th November 2025 @ BMCRI skills Center, conducted by SURGICAL SOCIETY OF BANGALORE ASICC in Association with BMCRI & ETHICON DIVISION – JOHNSON & JOHNSON PRIVATE LIMITED.

Sessions held were as follows

1. Open Surgery Skills Session – Orientation to various surgery instruments, asepsis, knot tying, suturing, bowel & vascular anastomosis and other exercises.

2. Endo Trainers Session – Basic laparoscopic training including various instruments, orientation to camera and monitor, multiple hand eye coordination exercises, extra corporeal and intra corporeal suturing.

3. Energy Devices & Staplers

Mentors were Dr C S Rajan, Dr Ravishankar H R, Dr Prem Kumar A & Dr Sreekar Pai A , Dr Sunil Kumar V, Dr Muzamil Pasha, Dr Sagar Z Dr Nishanth Lakshmikantha, Dr Manjunath B D. & Dr Sathish O. Delegates (maximum 40 students) was divided in two groups for mentoring & focused learning





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October -December 2025



BANGALORE CITY BRANCH

PROF. B. HANUMAIAH'S MEMORIAL NATIONAL CONTINUING SURGICAL EDUCATION PROGRAMME

The CSEP was conducted offline this year 236 students registered for the CSEP from various institutes across south India.



DR. NITYANANDA SHETTY ENDOWMENT MEMORIAL LECTURE:

The lecture was delivered on Monday 11th November at 12:30pm Bv Dr Rajashekara Reddy H V - Consultant Thoracic (VATS) Surgeon, Sagar Hospitals, Mallige hospital Bangalore on "Essential Thoracic Surgery Skills for a Successful General Surgery Practice"



CASE DISCUSSIONS:

The Moderators and Coordinators, internal and external faculty E C Members, Dr Srinivas Pai, Dr T H Anjanappa, Dr Ravishankar H R, Dr L N Mohan, Dr Kalaivani V, guided the pgs. during clinical sessions on all their respective allotted days. The external faculty, Eminent surgeons and

post graduate examiners from surrounding states and from within the state were evaluating the postgraduate presentations. 10 Mock Exam practical clinical cases were presented by the PG students with ppts and videos of clinical demonstrations. Nearly 20 institutes/ hospitals of Bengaluru

along with the private Institutions of Bengaluru were involved in this clinical case presentations. The

discussions were planned system wise so as to avoid repetition and to cover a wide range of cases.

Around 24 PG exam-oriented lectures were delivered by various eminent surgeons & Teachers.



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BANGALORE CITY BRANCH

PROF. B. HANUMAIAH'S MEMORIAL NATIONAL CONTINUING SURGICAL EDUCATION PROGRAMME

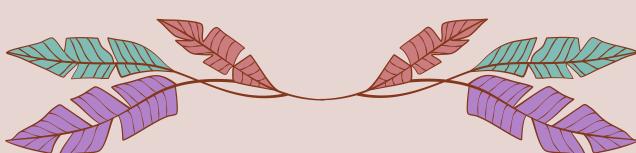
The CSEP was concluded by the 2 orations delivered on 15th Saturday Annual Oration 2025 was inaugurated by Padmashri. Prof. Dr. C. R. Chandrashekhar, Founder & Director – Samadhana Counselling Centre – Bengaluru.



Prof. M. Authikeshavalu Memorial Oration was delivered by Dr. Venkatachala K, the topic was "The Era of Organ conservation in Oncology" for 30 minutes



Prof. B. Hanumaiah Memorial Oration was delivered by Dr. S Ramesh, The topic was "Trials, Travails, Travel and Tribulations of Child Surgeon" for 30 minutes





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October -December 2025



HUBBALLI DHARWAD CITY BRANCH

MONTHLY CLINICAL MEETING

On 10.10.25 Hubballi Dharwad city branch observed Breast cancer day.

Honorable Padmashree awardee Dr. Vijayalakshmi Deshmane spoke on Breast Cancer awareness.

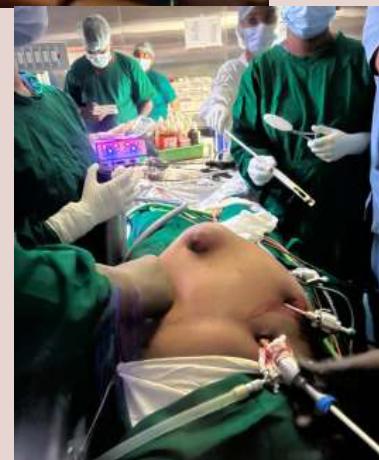


LAPAROSCOPIC HERNIA WORKSHOP

KSC ASI Karnataka state in association with Hubballi Dharwad city branch in association with the department of Gen Surgery, KIMS conducted laparoscopic Hernia [Ventral, Umbilical] workshop along with demonstration of minimally invasive intraoral Thyroidectomy on 7th November 2025.

Guest faculty was Dr. Sameer Rege, Professor KEM Hospital, Mumbai.

Third edition of surgical scroll was also released.





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HUBBALLI DHARWAD CITY BRANCH

MONTHLY CLINICAL MEETING

On 22nd Nov 2025 KSC ASI HD city branch in association with department of Gen Surgery, KMCRI, conducted Diabetic Foot CME and Workshop, save limb and save lives. Dr. Sanjay Vaidya renowned consultant Plastib and Diabetic Foot Surgeon, S L Raheja Hospital and Lilavati Hospital, Mumbai



KSCASI - Hubli Dharwad City BRANCH
In association with Dept Of General Surgery, KMCRI
Organizes
Diabetic Foot CME & Workshop
" SAVE LIMB, SAVE LIVES "

PATRON
Dr Ishwar R. Hosamani
Director KMCRI
HOD, Dept Of General Surgery
National EC ASI

ORGANIZING TEAM

Venue
Chakluya Hall
KMCRI Hubli

Date & time
22nd November
8AM - 5:30 PM

Chairman
Dr Shilpa H
Professor
Dept of General Surgery Dept of General Surgery

Secretary
Dr Sandhya N
Associate Professor
Dept of General Surgery

Treasurer
Dr Sanjay Modak
Assistant Professor
Dept of General Surgery

Joint Secretary
Dr Sangetha K
Assistant Professor
Dept of General Surgery

Scan me for Registration !!!

WALKATHON ON WORD PILES DAY

On the occasion of "World Piles Day", KSCASI-HD in association with ACRSI, successfully conducted a "Walkathon" in KMCRI Campus. KSCASI members, KMCRI Doctors and students participated in the event. The walkathon was flagged off by Director of KMCRI Hubli, Dr. Ishwar Hosamani.





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MANDYA CITY BRANCH

MONTHLY CLINICAL MEETING

KSCASI Mandya city branch conducted Post-Graduate Case Presentation and Scientific panel discussion on 25th Nov 2025 at IMA hall Mandya





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TUMKUR CITY BRANCH

MONTHLY CLINICAL MEETING

KSCASI Tumkur city branch conducted CME on 11th Nov 2025

1. Topic : *The ticking time bomb: Decoding aortic aneurysms*

Speaker: Dr Krishna chaitanya, Aster CMI hospital, Bangalore

2. Topic: *Robotics in general, GI and bariatric surgery*

Speaker: Dr Ramraj VN, Aster CMI hospital, KSCASI



MONTHLY CLINICAL MEETING

A clinical meeting was organized on

16 December focusing on:

1. *Diabetic Foot Management* – updates on wound care & prevention.
2. *Carcinoma Breast* – recent advances in screening & treatment.



WALKATHON

AIDS Awareness Jaatha: On World AIDS Day, the branch conducted an AIDS awareness jaatha in collaboration with various organisations, with awareness speeches delivered at colleges and schools.





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mysore city branch

MONTHLY CLINICAL MEETING

On 17.10.25 at 2pm SSM KSC ASI Mysore city branch conducted World Trauma day at MMCRI auditorium. Trauma awareness was given to Fresh batch of Medical students who are 18 now getting Driving license.

Dr.S.Chandrashekhar, Spoke on RTA with statistics , Dr.Manjunath, spoke on Preventive awareness of RTA



On 17.10.25 SSM Mysore city branch conducted Trauma day in association with Manipal hospital at 7pm at Hotel Le Ruchi

Speaker:

1. Dr Vasudev pai, Surgical Gastroenterologist,
Topic: Abdominal trauma an overview,
2. Dr. Vijayakumar, Plastic surgeon,
Topic : Role of Plastic surgeon in extremity Trauma,





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VIJAYANAGARA CITY BRANCH

MONTHLY CLINICAL MEETING

KSCASI Vijayanagara city branch, conducted a CME, on 11th October 2025, at Hospet. Speakers

1. Dr Raghunath Dipali, who spoke on "Laparoscopic cholecystectomy with CBD exploration - My experience"
 2. Dr Harsha G V spoke on the topic , Law and medical Consent:Breaking down the basics!.



FREE HEALTH CAMP

V CARE MULTISPECIALITY HOSPITAL, Hoovina hadagali , in association with ASI VIJAYANAGARA and AFI Hoovina Hadagali, conducted a **free Upper GI Endoscopy camp** on December 20 and 21 at Hoovinahadagali. 25 patients underwent Diagnostic Upper GI Endoscopy.



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VIJAYAPUR CITY BRANCH

WORLD PILES DAY

KSC-ASI (Vijayapura Branch) in Association with BLDE (DU) Shri B M Patil Medical College Hospital & RC, Vijayapura and ACRSI observed World Piles Day 2025 on 20th November 2025

WALKATHON

A Walkathon from Gandhi Chowk to Gagan Mahal saw enthusiastic participation from Surgery PGs, Interns, KSC-ASI, ACRSI, IMA members, and faculty. Posters and pamphlets on hemorrhoids were displayed and distributed to create awareness about prevention, early diagnosis, and lifestyle modifications.

PUBLIC AWARENESS TALK

Awareness Program at Gagan Mahal and health talks were delivered by Dr. Manjunath S. Kotennavar, Dr. Jaspal Singh Tehlia (Joint Secretary, ACRSI) & Dr. Sajid Mudhol stressed early diagnosis.

FREE HEALTH CAMP

Free Piles Camp was conducted at Surgery OPD, BLDE (DU) Shri B M Patil MCH & RC, Vijayapura





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VIJAYAPUR CITY BRANCH

"WORLD AIDS DAY"

KSC/ASI-VIJAYAPURA CITY BRANCH, On the occasion of "WORLD AIDS DAY", awareness talk on AIDS was arranged on Thursday 04/12/2025 at Shri Sangmeshwar Education Society Shri G G Patil PU college, Bagalkot Road, Vijayapura.





COL PANDALAI ORATION AT ASICON 2025 AT KOLKATA

S U R G E R Y 3 6 0

DR C S RAJAN

EMERITUS CONSULTANT SURGEON
BENGALURU



With humble origins from an urban Mission Hospital in Bengaluru, this is a testament to the recognition of simple, dedicated hard work and patient care, with the keen interest of instillation of sound knowledge and safe surgical skills to young surgeons.

All my life, I strove to deliver a safe and compassionate surgical service, nothing grand, nothing flashy or innovative, but just simple 360⁰ of the service. Hence, I have opted to write to all of you on what I consider to be such a service, and what I perceive as factors that helped me along the way. I must re-iterate, that I have NOT used any form of AI to script this Article and am speaking purely from my heart.

I have based my deductions towards Surgery 360⁰ on 3 life long experiences

i) My career as a classical General surgeon, all the time improving surgical acumen and skill, developing a reliable team and noting the immense value of communication.

ii) My meticulous log of every operation I have performed. This has shown me the humbling effect of numbers, the 'law of averages' and the great value of the periodic review with an audit on outcomes.

iii) My foray into use of Surgical Quiz as a medium of instruction and surgical knowledge transfer. This was highly popular and developed 'fluid intelligence' in the students, besides helping memory and later recall.

360⁰ is a comprehensive, holistic view, and encompasses multiple areas of the 'surgical life'. It is the quality of being good in Surgery and in Life. For me, in surgery, it is about inspiring confidence..!

Surgery involves the life of another human being. Measuring success is influenced by nature of disease, varieties of presentations and pathology with same nomenclature. Add to that the varied human response to the disease and the operation, the technical expertise with which the surgery is performed AND the personal relationship with the patient. Surgery 360 is the summation of ordinary things, each always done well..!! ~ CSR

Components of 'Surgery 360' are two fold. The first is the surgeon being good at his or her art. This surgical competence will be the aggregate of the surgeon's knowledge, judgement and the technical ability. The second is the surgeon being a good human being, seen as professional competence with stable relationships with patients and colleagues.

"A good hand and a good heart are always a formidable combination"

~ Nelson Mandela

Diagrammatically, this splits the 360 into 2 equal semicircles of 180⁰, with 10 key aspects (Essentials) in each semicircle. They will now be described. They all begin with the letter 'E' to aid memory.



COL PANDALAI ORATION AT ASICON 2025 AT KOLKATA

S U R G E R Y 3 6 0

DR C S RAJAN
EMERITUS CONSULTANT SURGEON
BENGALURU



Education is a life-long process! A sound medical initiation, solid surgical training period and should be followed by high-quality, continuing surgical education. Subscription to 1 standard journal, and at least 3 hours professional reading a week, is a must. Engage in paper presentations and publications and if opportunity presents, do some research and development. These should not become your priority, the surgical patients always come first. Aim to be faculty at 1 CSEP or meeting a year, and be a delegate at least at 2 more. A reference to the Canadian code of Medical Ethics, item 6 states, "Engage in lifelong learning to maintain and improve your professional knowledge, skills, and attitudes".

Educator (Be a Teacher / Mentor) - The two-fold effect of Education...of always being a learner, and of being, in return, a good teacher. This ensures a transfer of knowledge and skills, in this continuing process of life. This is not the domain of medical colleges, as it can be done in any setup. Surgical work is a team effort, and the surgeon is the captain of the team. It is his/her duty to keep the team updated on the latest, because it will be patients who will benefit the most. The seeds of curiosity in the young minds must be sown, with constant encouragement. "Hand holding" across basic surgical skills is imperative. "If you have knowledge, let others light their candles in it." ~ Margaret Fuller. And "In learning you will teach, and in teaching you will learn." ~ Phil Collins

Experience - This comes with apprenticeship under a good role model and trustworthy advisor. Experience and expertise cannot be gained without the investments of time with a focus. "Medicine is a science of uncertainty and an art of probability." said Sir William Osler. So, being able to use 'Critical Thinking' to choose the most appropriate option for the given situation. This is termed 'Surgical Acumen'. As the age old adage of surgery goes, 'a superior surgeon uses his superior judgement to avoid situations that may need superior skills! We know, good judgement comes from experience, and experience comes from bad judgement. ~Mark Twain.

Expertise - The bottom line of success is good surgical skills, and is the largest segment in the semicircle. Respect for tissue, ensuring good blood flow to aid healing are key steps. Develop 'perfect surgical skills', in a 'high volume centre', and into a particular aspect in a branch of surgery to gain expertise in that aspect, that will be your 'niche area', leading to excellence with maturity, clarity and confidence...! And remember, 'Expertise' is the most potent form of authority! ~ Victoria Bond.

Equipment - Technology and innovation have provided us with equipment to allow more precise surgery, less pain and faster recovery. Today equipment plays a key role in surgical service. Mastery in the use of the new equipment is a must for all surgeons. Knowledge of equipment function, and its respective sterilization / disinfection specifics, reduces 'down time' of malfunction and also increases life of the equipment, and keeps the 'turn over time' between cases in check. A fool with a tool, is still a fool! ~ Moshe Schein.



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COL PANDALAI ORATION AT ASICON 2025 AT KOLKATA

S U R G E R Y 3 6 0

DR C S RAJAN

EMERITUS CONSULTANT SURGEON

BENGALURU

Environment - One must develop an environment of good surgical academics, wholesome team work, with a spirit of dedicated compassion and concern for the patient, to allow Surgery 360 to be complete.. No man is an island, and one must have the best team built in the atmosphere of trust and respect. There should never be the feeling of 'toxicity'..! The environment of the Operation Theatres must have set protocols and SOPs for asepsis, antibiotic use, staffing and scheduling of cases. Team work divides the task and multiplies the success. ~ African proverb

Evidence - Today is the world of digital knowledge explosion and almost all aspects of the surgical life is ruled by scientific evidence. Practice of evidence based surgical principles and technique is a must. It should be noted that there is a latent period between the arrival of evidence in the journals, to being accepted into the standard textbooks, and one should cross this period with careful concern, before accepting it as evidence of the latest. Evidence is two fold...i) to justify your approach and handling, and ii) to protect you into the future by documentation. In the words of Sir Arthur Conan Doyle's Sherlock Holmes, "There is nothing like first-hand evidence".

Effort – With Discipline, Dedication and Determination, it is the hard hours spent in training, being mentored and coached, that leads to top standings. A system of 'coaching' of the surgeon, away from the patient is not yet available. It is only by sheer volume of numbers of cases done, (the focused effort) does competence and excellence



et in. Out of hours operating, thinking on one's feet and consistency in effort, help get the final call of 'being the best', in that field. This can take years..! "Excellence is a ladder you cannot climb with your hands in your pockets...!" ~ Nido R Qubei

Endurance - Complex operations take time, and one needs a certain level of physical fitness to be able to perform surgery of a consistently high standard. A simple tonic for good body tone is a regular brisk walk for between 30 and 45 min a day, and this helps improve leg strength and tone the muscles of posture. Swimming is another very good option. Formal gym workouts often result in musculoskeletal breakdown that leads to loss of operating hours. Surgeons need to practice correct ergonomics and prevent musculo-skeletal fatigue and pain. However, today, we have a paradox with armchair seated surgeons doing precision surgery, by guiding robots to do the work. This may not be physically exhausting, but the need for mental endurance remains. Surgeons prioritizing physical fitness cultivate sharper, more alert minds, which is essential for performing surgery with precision and focus. "Excellence is a ladder you cannot climb with your hands in your pockets!" ~ American Proverb

Elegance - This is the final description of surgical skill. How the surgeon handles tissue, dissects, achieves planes, maintains haemostasis, and rejoins or connects or repairs tissue, are all added together to get the most effectiveness of the surgical procedure. All this is to be done with a measured pace of work, with control of the whole team, in an atmosphere of stress free concentration much like the exquisite cover drives of Smriti Mandhana...! Simplicity is the keynote of all elegance. ~ Coco Chanel



COL PANDALAI ORATION AT ASICON 2025 AT KOLKATA

S U R G E R Y 3 6 0

DR C S RAJAN
EMERITUS CONSULTANT SURGEON
BENGALURU

The above 10 E's are important in covering the semicircle of Surgery 360° in terms of knowledge, judgement and technical ability. The next set of 10 E's will now give us the essentials to achieve 'professional competence', with good relationships with both patients and colleagues, needed to complete the other semicircle of the 360°.

Effective Communication (Communicating Skills) - These are the vital link between the surgeon, the team and the patient. Mutual respect and a listening ear are keys. Basic politeness, with frequent show of gratitude. Three words are key to keep all on the same wavelength, they are 'Please', 'Thank you' and 'Sorry', and they work like magic. And remember, to document all medical communications. After all, "The most important thing in communication is hearing what isn't said." ~ Peter Drucker.

Efficient Planning (Time Management). A common pitfall for most 'good doctors' is poor time management, with the patients bearing the wait and long delays, for consults. Effective planning, proper scheduling and concerns for the patient's time are paramount in the daily life of the excellent surgeon. Have designated days for either task of surgery and outpatient consults, and not an overlap of the two on the same day. The timing of the rounds must be at scheduled times and not at any time of the day. This helps nursing and paramedical staff go about their own duties with less interruption and hence better efficiency. Make a 'to do' list (schedule), prioritize tasks, and eliminate distractions. And always include daily 'family time'...!! About time, The bad news is that time flies. The good news is that you are the pilot. ~ Micheal Altshuler

Emotional Quotient (EQ) - A surgeon's profession is indeed stressful. It involves the most direct contact between the doctor and the patient. Wherever there is human contact, the emotions of the parties involved have to be taken into account. A good EQ needs "self-awareness, self-management, social awareness and relationship management"...! A 'Captain Cool' alike M S Dhoni, helps reach all, with a 'Connectedness', that is the ability to 'get on' with others.... of the team, the anaesthetists, the OR nurses, Ward Sisters, Labs and Administrators. Emotional Intelligence is the ability to harness that power to understand and manage emotions, so that you can make decisions that are in harmony with your core values and principles.

Steps to help reduce stress and control emotions during the operating sessions are, to form teams who back each other up, to anticipate and call early for help, and when not sure, just back off the job. He who 'runs away, lives to fight another day'! Today, they call this an abbreviated laparotomy, with every intention to return early when conditions and circumstances are ideal. Remember, 'What worries you, masters you'...! ~John Locke — and the best surgical example of this is "As long as the abdomen is open, you control it. When the abdomen is closed, it controls you"! Getting both mind and body to relax, allows good emotional control and response, which is done by the early morning walk...!

Ego Control - EGO is "a person's sense of self-importance". As success is seen and encountered, this 'ego' sets in... and it's all in the 'tone' of the voice..! This to me, this is the single most deterrent to achieving excellence in surgery, and so is the biggest segment in this quadrant. Healthy self-confidence has an important role in surgery, but we must take care that it doesn't develop into disruptive ego. Avoid sarcasm, sexism, bullying and temper! Shift towards a more positive, humanistic culture. 'An ego trip is a journey to no where' ~ Robert Half. And as I see it, "Humility attracts Honour!"



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COL PANDALAI ORATION AT ASICON 2025 AT KOLKATA

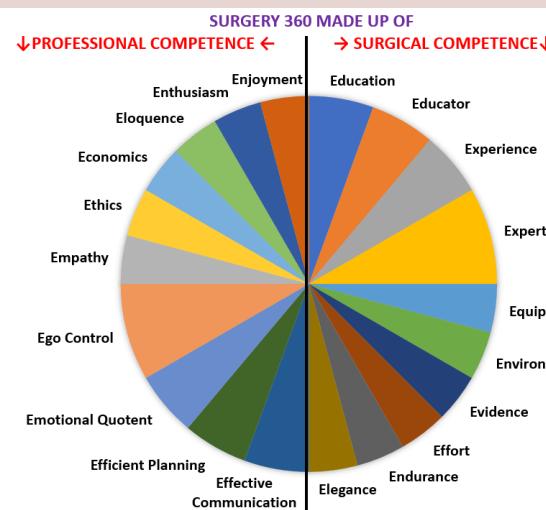
SURGERY 360

DR C S RAJAN

EMERITUS CONSULTANT SURGEON

BENGALURU

Now putting the 20 Essential E's of Surgery 360° as degrees of Contribution, in a table, we get



ESSENTIAL	DEGREES
Education	20
Educator	20
Experience	20
Expertise	30
Equipment	15
Environment	15
Evidence	15
Effort	15
Endurance	15
Elegance	15
Effective Communication	20
Efficient Planning	20
Emotional Quotient	20
Ego Control	30
Empathy	15
Ethics	15
Economics	15
Eloquence	15
Enthusiasm	15
Enjoyment	15

In the 360° the largest contributions come in from Surgical Expertise and from the need to have Control of One's Ego! The 360° all-round surgical ability is built on being Humane, Humble, with Humility. The paths to 360° in surgery is a combo of exceptionally well developed surgical skills, with a good control on life factors. Once a Teacher, Always a Teacher, so to close with my CSR Punch Lines, for Surgery 360°, Surgically be Confident, Skilled & Reliable, and Professionally be Calm, Sincere & Reasonable. Achieving Surgery 360° has many benefits in daily life. There will be a manifold increase in your personal Credit Stock of

- Craft Stability, which is a proficiency in the field that wins you acclaim of being a competent, safe and humane surgeon.
- Customer Satisfaction, with patients being happy with the care given. One's employers (Hospital) will also be satisfied with the results. Adding benefits i) and ii), we get the best form of spread among populations, by the word of mouth, that will keep us popular and busy.

iii) Cash Surfeit, is a direct connect with popularity, wherein, one's pockets will never be empty. How full they become will vary with one's effort, endeavor and opportunity. iv) Cherished Success. This is the final outcome of the combination of surgical abilities and the 'quality of life' skills. It is the inner feeling that one has when satisfaction knocks, and you are proud of what you have achieved. Remember the aphorism, which states, "Success is peace of mind which is a direct result of self-satisfaction in knowing you did your best, to become the best you are capable of becoming" ! ~ John Wooden

v) Comfortable Sleep. The Surgery 360° will assure you of a good night's rest of a peaceful mind at the end of the day. "A peaceful night's rest, is a gift that carries us into a brighter morning."

In achieving "Surgery 360° " we fulfill the Motto of the ASI that reads "Vayam Sevaamahe", which translates to 'We are for Service', and this will make all of us surgeons, be the pride of society! After all, to quote Howard McCollister, "Surgeons are the fighter pilots of the medical profession" ..!





Shastra

October -December 2025



Appreciation

Heartiest congratulations to Dr Kalaivani for her participation in International Meeting by ALS



2025 Annual Scientific Meeting

3 and 4 November 2025

Certificate of Attendance

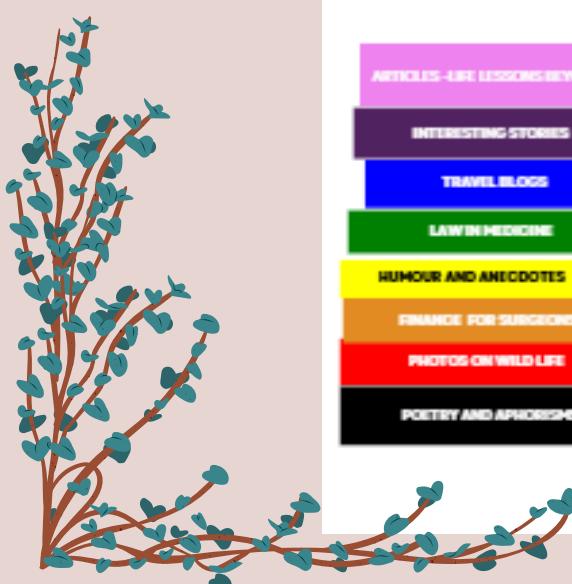
This is to certify that

Dr Kalaivani V

attended the above meeting
on

8 CPD points – Monday 3 November 2025
8 CPD points – Tuesday 4 November 2025

Professor Tan Arulampalam
President



eShastra is not all about city branch activities. We, the editorial team of e shastra strive to make a beautiful book of surgeons' life beyond OT. This will be possible only by your valuable contributions and write ups. We request all of you to kindly contribute and help the editorial team in bringing out a successful edition.

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emagazineshastra@gmail.com

Dr Savitha Karlwad
Editor - eShastra

